

Denby Dale Travellers AC

Denby Dale Traveller

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Jan/Feb 2015

Yorkshire XC Championships



DDT Mens and Ladies team pictured above at Lightwater Valley in North Yorkshire for the Yorkshire Cross Country Championships on 10th January 2015
Back L-R: Jo, Kev, Richard, Phil, Pete, Dave, Abbie
Front L-R: Anne, Sam, Vicky, Clara, Sarah, Debbie, Claire
Photography—Pete Middleton. Results inside on P25



Denby Dale Travellers Park Run Challenge

6 Local Park Run Venues

- Locke Park, Barnsley
- Greenhead Park, Huddersfield
- Crows Nest Park, Dewsbury
- Nostell Priory, Wakefield
- Thornes Park, Wakefield
- Oakwell Hall, Birstall (Batley)

The Scoring System

Best 5 Runs Count

- 10 Points for Running
- 10 Points for setting a PB
- 5 Points for getting within 20 seconds of your PB
 - Bonus of 5 points for spot prizes:-
 - 1st, 5th, 10th, 25th, 50th, 75th, 100th, 125th, etc.....
 - Bonus of 10 Points for running all 6 races

Anyone running their 1st Park Run will automatically get a PB and the bonus points

(A new PB will automatically be set in your first run in this Challenge, we will not be using previous Park Run PB's)

Dates for the Events

- 17th January – Locke Park
- 31st January – Greenhead Park
- 14th February – Crows Nest Park
- 28th February – Nostell Priory
- 14th March – Thornes Park
- 28th March – Oakwell Hall

*** Locke Park (17th Jan) - see results on Page***

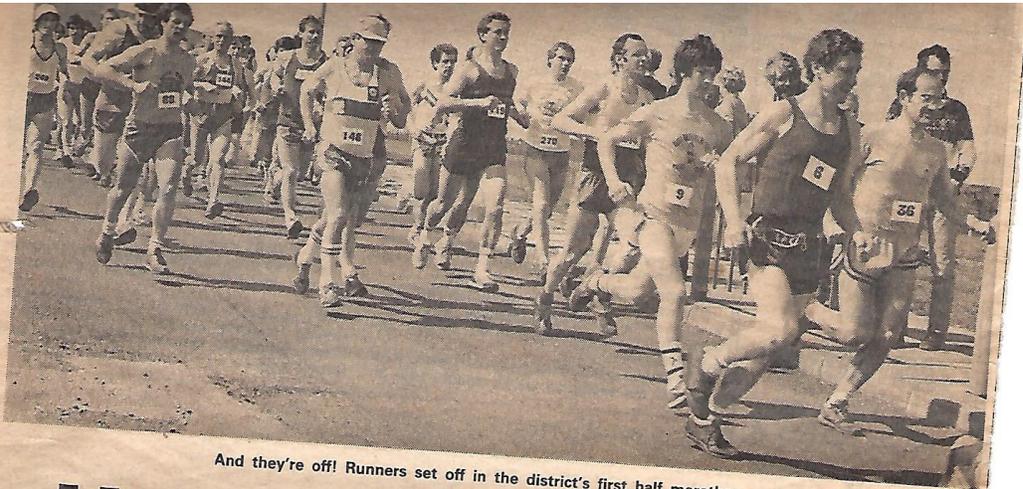
Greenhead Park (31st Jan) - cancelled due to snow—alternative date TBC

From the DDT archive—who remembers this?

Thanks to Tony Sharpe for this

Hopefully the first of many

If your eye sight is good enough you should be able to spot Andy Kirby in the results



And they're off! Runners set off in the district's first half marathon.

Half-marathon is big success

The first ever half-marathon in the district was a huge success and attracted more than 200 runners.

The 13-mile event, which started and finished at the Shelley High School sports festival and exhibition on Sunday, took competitors round Shelley, Cumberworth, High Flatts, Shelley and Skelmanthorpe.

Overall winner was Andrew Hauser with a time of one hour, 11 minutes and 20 seconds.

Only 21 seconds behind him was Skelmanthorpe villager Geoffrey Kenyon, and in third place was Brian Elliott with one hour, 12 minutes and 31 seconds.

First person over 40 to finish was Terry Lyons at one hour, 14 minutes and 43 seconds, and first female competitor past the post was Jean Sykes with a time of one hour, 22 minutes and 34 seconds.

First person over 50 to finish was Roger Burrell with one hour, 24 minutes and 14 seconds.

"The event went very well indeed and we were well pleased with the response," said one of the organisers, Mr. Frank Fear, a staff member at Shelley High School.

"We had no idea how many were going to take part. But as it turned out we had 140 advance applications, and then a further 71 runners turned up on the day."

"They all seemed to enjoy the event, and many commented

on the scenic route, especially through High Flatts.

"It was a perfect day for the shine but with a cool breeze," he said.

Mr. Fear, together with another staff member, Mr. Jack Bretherick, organised the event.

One runner, who finished 109th with a time of one hour, 38 minutes, was sponsored by friends and work colleagues, and raised £80 for the Royal National Institute for the Blind.

Mr. Roger Littlewood, of Victoria Street, Clayton West, works for the Inland Revenue in Wakefield.

Due to the success of the first half marathon, there will almost certainly be another next year.

But organisers have suggested that it may be held a little earlier, for example in May, so that it won't clash with exams and other end of term business at the school.

But this idea will be discussed at a meeting of organisers next week.

RESULTS

1. Andy Hauser, 1 hr. 11 mins. 20 secs.; 2. Geoff Kenyon, 1-11-41; 3. Brian Elliott, 1-12-31; 4. Geoff Hall, 1-14-22; 5. Terry Lyons, 1-14-43; 6. Phil Matchett, 1-15-23; 7. Mr. Seddon, 1-15-56; 8. Norman Berry, 1-17-31; 9. Barry C. Crozier, 1-18-47; 10. Paul Dallas, 1-19-20.

11. John Philpott, 1-19-23; 12. K. Barnforth, 1-20-12; 13. David Gledhill, 1-20-19; 14. A. Bennett, 1-20-35; 15. C. Evans, 1-20-42; 16. A. R. Bellas, 1-20-47; 17. B. Bedford, 1-22-20; 18. M. Holroyd, 1-22-22; 19. Raymond Fletcher, 1-22-25; 20. David Healey, 1-22-28;

21. Ian D. Mitchell, 1-22-32; 22. Jean Sykes, 1-22-34; 23. J. M. Taylor, 1-22-39; 24. D. Brophy, 1-22-47; 25. D. Pressley, 1-22-56; 26. Donald Bamforth, 1-23-11; 27. W. Naylor, 1-23-26; 28. Peter Bray, 1-23-37; 29. Maryn McLean, 1-23-51; 30. A. Walker, 1-24-08;

31. Roger Burrell (Over 50), 1-24-14; 32. S. Roebuck, 1-24-16; 33. Michael Devlin, 1-24-19; 34. David Foster, 1-24-21; 35. S. 05; 37. Harold Mellor, 1-25-08; 38. J. Somerville, 1-25-20; 39. Barry Tyas, 1-25-26; 40. David B. Holmes, 1-25-27;

41. Andrew Kirby, 1-25-44; 42. Roy Brown, 1-25-50; 43. Alan Wakelin, 1-26-10; 44. D. Mallinson, 1-26-23; 45. Bob Johnson, 1-26-52; 46. Robin Wray, 1-27-00; 47. John Hirst, 1-27-05; 48. Carl Clayton, 1-27-08; 49. John Kent, 1-27-21; 50. N. Bellas, 1-27-25;

51. R. Capewell, 1-27-28; 52. Colin Burrell, 1-27-34; 53. A. Armitage, 1-27-48; 54. T. Pearce, 1-27-50; 55. S. Thornton, 1-28-08; 56. B. Needle, 1-28-16; 57. David Dyson, 1-28-23; 58. Leslie Griffen, 1-28-29; 59. R. Wilmont, 1-28-36; 60. D. A. Wray, 1-29-02;

61. David Riddle, 1-29-06; 62. P. Lancaster, 1-29-10; 63. W. Davies, 1-29-15; 64. Bill Barton, 1-29-20; 65. Douglas Carr, 1-29-22; 66. D. T. Hickling, 1-29-53; 67. S. Battye, 1-30-09; 68. N. Raynor, 1-30-24; 69. Ricky South, 1-30-26; 70. Anthony Murray, 1-30-42;

71. M. Hale, 1-30-55; 72. A. Farmer, 1-30-55; 73. R. Donoghue, 1-31-19; 74. R. Sanson, 1-31-27; 75. M. Chadwick, 1-31-43; 76. P. Green, 1-31-46; 77. Mr. Jordan, 1-32-02; 78. Simon Barrand, 1-32-21; 79. Ashley Smith, 1-32-30; 80. Simon Frost, 1-32-49;

81. R. Wild, 1-32-59; 82. R. C. Moore, 1-33-19; 83. John Green, 1-33-16; 84. D. Green, 1-33-19; 85. R. Durance, 1-33-36; 86. Sean Davidson, 1-33-41; 87. Alan Simpson, 1-33-53; 88. R. Heron, 1-33-53; 89. Ian Milburn, 1-34-16; 90. Paul Smith, 1-34-30;

91. J. Keaney, 1-34-31; 92. J. Hanson, 1-34-39; 93. D. T. Woods, 1-34-41; 94. R. Utasi, 1-34-45; 95. Julian Burgin, 1-34-50; 96. Terry Gough, 1-34-50; 97. Paul Dyer, 1-34-51; 98. G. Kennedy, 1-35-08; 99. Hilary Berry, 1-35-12; 100. John Nadin, 1-36-00;

101. Alan Hodson, 1-36-14; 102. Peter Sugden, 1-36-56; 103. Howard Long, 1-37-14; 104. C. D. Smith, 1-37-41; 105. Ian Rickells, 1-37-53; 106. Christine Lyons, 1-38-19; 107. Paul Woodhall, 1-38-20; 108. R. Lawton, 1-38-20; 109. R. Littlewood, 1-38-38; 110. Jennifer Wakeman, 1-38-55;

111. Martin Grange, 1-39-15; 112. J. Clarkson, 1-39-22; 113. K. V. Senior, 1-39-

114. A. Roebuck, 1-39-37; 115. Trevor Haigh, 1-39-57; 116. Paul Groves, 1-40-02; 117. M. Shaw, 1-40-10; 118. Paul Smith, 1-40-13; 119. Richard Highley, 1-40-17; 120. W. R. Heysham, 1-40-20;

121. Brian Chatterton, 1-40-22; 122. L. I. Judge, 1-40-31; 123. C. Mear, 1-40-47; 124. R. Kift, 1-40-51; 125. D. Brook, 1-41-13; 16. John Locke, 1-41-35; 127. Tim Healey, 1-41-50; 128. John Sandy, 1-41-56; 129. S. Bandy, 1-42-38; 130. John Bevers, 1-43-02;

131. Duncan Fisher, 1-43-14; 132. Graham Jacques, 1-43-45; 133. D. Jacques, 1-43-45; 134. M. Holmes, 1-44-37; 135. S. Worrall, 1-44-48; 136. E. Fullen, 1-45-07; 137. R. Fieldsend, 1-45-28; 138. S. T. Grange, 1-45-29; 139. John Bockfield, 1-45-40; 140. Maryn Bywater, 1-45-45;

141. P. E. Jennett, 1-45-53; 142. Colin Knight, 1-46-05; 143. A. Cosgrove, 1-46-18; 144. Carol Roebuck, 1-46-22; 145. Richard Walsh, 1-46-25; 146. John Wile, 1-46-24; 147. L. Messenger, 1-46-35; 148. Christopher Wilkins, 1-46-49; 149. P. Chatterton, 1-46-51; 150. Jonathan D. King, 1-46-52;

151. Michael Mulligan, 1-47-48; 152. Graham Inglis, 1-48-00; 153. Andrew Lisbet, 1-48-31; 154. David Roberts, 1-48-38; 155. Geoffrey Rhodes, 1-48-36; 156. Tony Mellor, 1-48-50; 157. Lee Manfield, 1-49-12; 158. James Lord, 1-49-41; 159. Nick Chapman, 1-50-34; 160. Stephen Tyas, 1-51-07;

161. Robert Harper, 1-51-45; 162. Richard Edmunds, 1-52-23; 163. Gary Bonsfield, 1-52-49; 164. M. Gilbert, 1-52-49; 165. Barrie White, 1-54-26; 166. Steve Downs, 1-54-33; 167. Edward Johnson, 1-54-33; 168. Philip Sandy, 1-54-45; 169. Ron Walker, 1-54-52; 170. Ian Bagot, 1-54-53;

171. Brian Milnes, 1-55-49; 172. Johnnie Peters, 1-56-14; 173. Lester Williams, 1-56-21; 174. Kenneth Lear, 1-58-21; 175. Gillian Brook, 1-58-30; 176. Michael Geldert, 1-58-40; 177. Andrew Hodgson, 1-58-40; 178. N. Pennington, 1-59-10; 179. Darren Walker, 1-59-18; 180. John Wright, 1-59-32;

181. Barrie White, 1-59-32; 182. Andrew Kettlewell, 1-59-50; 183. Michael Howes, 2-0-49; 184. Kevin McCulloch, 2-3-43; 185. Léron Kennedy, 2-3-43; 186. Michael Spilling, 2-4-19; 187. John Spragg, 2-4-53; 188. Mark Pollard, 2-4-54; 189. C. Howard, 2-5-24; 190. Steven Barras, 2-5-40;

191. David Roberts, 2-6-08; 192. Ken Roberts, 2-6-08; 193. Robin Womersley, 2-6-10; 194. John McKeivitt, 2-6-14; 195. Gerard Keaveney, 2-6-16; 196. D. Kirton, 2-8-01; 197. Andrew Lear, 2-8-34; 198. Andrew Radley, 2-9-45; 199. Averi Leach, 2-10-50; 200. Neil Eastwood, 2-13-29;

201. Lee Donaghey, 2-14-38; 202. Brenda Milnes, 2-14-53; 203. Simon Bell, 2-28-53; 204. Anne Rawlinson, 2-29-27; 205. Bruce Atkinson, Approx. 2 hrs. 55 mins.; 206. Lindsey Hirst, Approx. 2 hrs. 55 mins.; 207. Samantha Perkins, Approx. 2 hrs. 55 mins.



DDT ROAD RACE CHAMPIONSHIP 2014-15

LADIES OVERALL, VET & SV - after Guy Fawkes

You need to run one race to qualify.
Points will be based on your best
short, medium and long plus your best **three** others
You also need to be a paid-up club member

All results to Sally Campbell please

RACE	SHORT			MEDIUM			LONG			Total Point	POINTS TO Count	Position	Age Category
	Kirkby 10K	Penistone 10K	Hudders 10K	Otley 10	Kilburn 7	Guy Fawkes 10	Eyam Half	Langdale Half	Spenn 20				
DATE	4-May-14	29-Jun-14	22-Feb-15	11-Jun-14	13-Jul-14	2-Nov-14	19-May-14	20-Sep-14	8-Mar-15				
Jo Worboys	10	10				9	10	10		49	49	1	V
Claire Wilkinson	9			9		7	9	8		42	42	2	
Sarah Everett	8			8	10			7		33	33	3	V
Rosalind Bedford						8		9		17	17	4	SV
Bridget Coomber						10				10	10	5=	SV
Sally Campbell				10						10	10	5=	

DDT ROAD RACE CHAMPIONSHIP 2014-15

MENS OVERALL, VET & SV - after Guy Fawkes

You need to run one race to qualify.
Points will be based on your best short, medium and long plus your best **three** others
You also need to be a paid-up club member

All results to Sally Campbell please

RACE	SHORT			MEDIUM			LONG			POINTS TO COUNT	Position	Age Category	
	Kirkby 10K	Penistone 10K	Hudders 10K	Otley 10	Kilburn 7	Guy Fawkes 10	Eyam Half	Langdale Half	Spenn 20				
DATE	4-May-14	29-Jun-14	22-Feb-15	11-Jun-14	13-Jul-14	2-Nov-14	19-May-14	20-Sep-14	8-Mar-15				
Kev Jackson	9			10			10			29	29	1	
Richard Bradley		5				6		10		21	21	2	V
Johnny Ridge	7					10				17	17	3	
Ian Sargeant		7				8				15	15	4	V
Ross McClelland	10									10	10	5=	
Ed Townend		10								10	10	5=	
Tom Rowley		9								9	9	6	V
Phil Ellis	8									8	8	7=	
Dave Gill		8								8	8	7=	SV
Dave Townend		6								6	6	9	SV
Peter McEvoy						9				9		10	

DDT FELL CHAMPIONSHIP 2014-15

Ladies Overall, Vets & SV's - after Trigger

You need to run one short, one medium and one long to qualify.

Points will be based on your best

short, medium and long plus your best 2 others

You must also be a paid-up club member.

All results to Sally Campbell please

	SHORT			MEDIUM			LONG						
RACE	Charlesworth	Shelf Moor	Lad's Leap	Kinder Downfall	Ingleborough	Cop Hill	Helvellyn	Good Shepherd	Trigger Race				
DATE	17-May-14	7-Sep-14	30-Mar-15	27-Apr-14	19-Jul-14	2-Nov-14	25-May-14	27-Sep-14	11-Jan-15	Total Points	Points to count	Position	Age Category
Jo Worboys-Hodgson	10	10			10			10	10	50	50	1	V
Anne Middleton	9			10	9	10		9		47	47	2	SV
Rosalind Bedford	8			9				8		25	25	3	SV

DDT FELL CHAMPIONSHIP 2014-15

Mens Overall, Vets & SV's - after Trigger

You need to run one short, one medium and one long to qualify.

Points will be based on your best

short, medium and long plus your best 2 others

You must also be a paid-up club member.

All results to Sally Campbell please

RACE	SHORT			MEDIUM			LONG			Total Points	POINTS TO COUNT	Position	Age Category
	Charlesworth	Shelf Moor	Lad's Leap	Kinder Downfall	Ingleborough	Cop Hill	Hellvelyn	Good Shepherd	Trigger Race				
DATE	17-May-14	7-Sep-14	30-Mar-15	27-Apr-14	19-Jul-14	2-Nov-14	25-May-14	27-Sep-14	11-Jan-15	Pts			
Phil Ellis	9			10	10	9		9		47	47	1	
Simon Browne	10					10		10	10	40	40	2	V
Dave Gill				9		8				17	9	3	SV
Stewart Yates	8									8	8	4	SV
Graham Guest						7				7	7	5	

Letter from America

My earliest memory of wide open spaces was passing through the Karoo Desert on a train journey north from Cape Town, South Africa. It was 1961 and, as I was only 10 years old and had been raised in Liverpool and Scotland, it was overwhelmingly awesome to see such vast scrubby plains, wildlife like ostrich and springbok and the famed Bushmen of the Kalahari. The same journey also introduced me to big mountains: the Karoo is split by the Swartburg Mountain range. I didn't know it at the time but this captivating experience was to remain with me throughout my life and lead me to exploration of many natural wonders across the globe.

In the early part of the 20th Century, widespread industrialization and expansion of towns and cities in the UK led to the establishment of city parks specifically for recreational purposes. The first was Victoria Park serving primarily the crowded East End of London in 1845. The second was Birkenhead Park, Liverpool. Although unusual, the need for more cemeteries also provided additional places for recreation in cities. In more rural areas, the increasing enclosure of land by landowners for agricultural and sporting activities created the rise of interest groups seeking wider access to, and enjoyment of, open spaces. This was a crucial factor in the advancement of the right to roam movement in the 20th Century.

As a keen walker during my schoolboy and university days, and fledgling fell runner in the 1980's, I was well aware that access to open space could not be taken for granted. Many of you will know that the Mass Trespass on Kinder Scout was organized by Benny Rothman as recently as 1932. This was followed by enactment of the momentous National Parks and Access to the Countryside Act of 1949.

Today there are 2 National Parks in Scotland, 6 in the Republic of Ireland and 15 in England and Wales. In Northern Ireland there are plans afoot to establish the Mourne Mountains as the first National Park in the Province. Their primary purpose is to "conserve and enhance the park and promote use by visitors".

Legislation continues: it was only as recently as 2000 that further rights to roam were enshrined in the Countryside and Rights Of Way Act covering England and Wales. This specific legislation also includes positive changes in nature conservation, another landmark development. Similar legislation was enacted in Scotland by the Land Reform Act 2003. Nevertheless, there remain conflicts of interest between users because it is not unusual for such National Parks and other public rights of way to encompass visitors and permanent residential communities as well as privately owned property. To put it into perspective, the Lake District alone had 15 million visitors during 2014; it is easy to understand the need for a balanced approach.

The development of National Parks here in the USA took a different course, primarily because much of the land was "undiscovered" at the start of the 19th Century. In 1804 Thomas Jefferson instructed Lewis & Clark to discover a navigable route west to enable entrepreneurial commercial exploitation. But the initiative had nothing to do with preservation or conservation, unknown concepts at the time. Regrettably and shamefully, this required dissolution of Native American Land Title and land surveys on a massive scale. On a more positive note the US Government wisely decided that the vast majority of Western Lands were declared public property, could not be settled and could not be privately owned.

The exploration by Lewis & Clark and others also revealed the natural wonders of the US Western territories. History records the ongoing debate between those lobbying for settlement, railroads, mining, lumber and agricultural privileges vs. those dedicated to establishment of wondrous places with inspiring scenery and expansive natural features. Fortunately there existed an example that concerned nationalists were determined would not be repeated. Niagara Falls had developed initially

as a lucrative, privately owned and operated popular tourist attraction. It wasn't until 1885 that the Niagara Falls Reservation was established, essentially becoming a part of New York State and open to all. (Note: the Canadian portion of Niagara has a different history).

What is today known as Yosemite was discovered during the California Gold Rush of the 1850's and encompassed the nearby giant Redwood and Sequoia tree areas (the latter being named after a Cherokee Chief). Because of its remoteness, this initially resulted in blatant commercialization with the felling and sale of the magnificent lumber and also preempted land claims by settlers. These catastrophic developments prompted a group of concerned Californians to propose Federal Legislation to establish these areas as national treasures. In 1864 Yosemite became the first official Park of the USA "for public use, resort and recreation". Although initiated by Californians, Congress specifically clarified in what became known as The Yosemite Park Act 1872 that the grant was for all Americans and not only for the State. California was given the honor of managing Yosemite but it was owned in perpetuity by the American people.

Furthermore, in 1872 the incipient Park concept was extended when the hitherto uncharted Yellowstone was established as the country's first named National Park. This was momentous because although Yellowstone overlapped three States, the Federal Government retained absolute jurisdiction. Perhaps more importantly, and because of its sheer size alone, Yellowstone was designated not only a Wilderness area but also an Ecosystem. This was to trigger the concept of environmental protection and preservation which endures to the present day. In 1894 Yellowstone was also protected by a Wildlife Bill to prevent the extermination of the indigenous American Buffalo. As a consequence, Parks in public trust would remain forevermore valueless with respect to commercial exploitation.

In more recent times the discovery of antiquities and ancient peoples and cultures also promoted establishment of many National Parks. As an example, the attached photos show one of the pictograph wall panels on display in Horseshoe Canyon which is within Canyonlands National Park in Utah. The other photo shows one of the ancient Puebloan settlements in Mesa Verde National Park in Colorado. Both are snapshots of Mankind's impressive ancient history.

At the time of writing there are over 400 designated National Parks in the USA but there are also potential new candidates under consideration. Historically, the persistence of commercial lobbyists, entrepreneurs and speculators has always carried the risk that the Government of the day can reduce the scope of any new proposed parks. Fortunately the influence of conservation and preservation are sufficiently well established to ensure continued access and maintenance for the foreseeable future.

An interesting footnote is that in the early days, the only means of access to National Parks was via railroad, this was one reason for expansion of the rail network cross country. Nowadays, the motor car is by far the most popular way to enjoy the sights and scenery of the magnificent National Parks.

Today more than 200 countries have established National Parks world-wide, each with a unique experience to offer the discerning visitor. In my experience National Parks are usually well organized and managed, promote awareness of conservation and preservation and are accessible to all. It is beholden on today's generation to be vigilant and maintain this tradition forevermore. Closer to home, every time we Travellers run on a footpath, bridleway or open space it ensures their survival.

Happy Running, Travellers!

Bob Johnson, January '15 Colorado. (bob.johnson@skybeam.com)

Acknowledgements: Wikipedia; the Battle for Kinder Scout ISBN 978-0-946361-44-1

**West Yorkshire Cross Country League – Race 2
West Park Leeds 2nd November**

Ladies

57	Jan Yates	W50	25:38
67	Jo Worboys-Hodgson	W40	26:46
83	Vicky McClelland	W40	29:28
86	Debbie Daniels	W40	29:51
96	Sam Wood	SW	31:09
103	Abbie Dagg	W35	32:30
105	Bronwyn Morris	W55	33:22
109	Sam Dickinson	W35	34:08
110	Claire Wilkinson	W40	34:17

14th Ladies Team

Men

47	Ross McClelland	M35	30:49
127	Johnny Ridge	M35	35:00
141	Mick Collinson	M55	26:21
150	Phil Ellis	M35	37:40
186	Pete Frankland	M35	44:33
189	Pete Andrews	M65	1:04:54

16th Mens Team



Claire & Sam D waving for the camera

WYXC 2nd Nov—Photography by ?



Jan



Debbie & Vicky

Cop Hill Fell Race 2nd November

1	David Watson	Holmfirth	38:35	M40
21	Simon Browne	DDT	44:11	M40
22	Caitlin Rice	Glossopdale	44:28	F
50	Phil Ellis	DDT	48:47	M35
78	Dave Gill	DDT	54:08	M50
93	Anne Middleton	DDT	57:13	F50
110	Graham Guest	DDT	61:50	M40

Cop Hill Fell Race—Photography by Pete Middleton



Team photo L-R: Graham, Phil, Anne, Dave & Simon



Guy Fawkes 10 – 2 November

1	Scott Harrington	M	Otley	57:00
39	Jonathon Ridge	M35	DDT	1:07:54
51	Lindsey Clegg	F	Horsforth	1:08:53
67	Bridget Coomber	F50	DDT	1:10:08
190	Joanne Worboys-Hodgson	F40	DDT	1:17:54
359	Peter McEvoy	M60	DDT	1:25:15
378	Ian Sargent	M40	DDT	1:26:01
420	Rosalind Bedford	F50	DDT	1:28:09
470	Norman Roper	M60	DDT	1:30:51
494	Claire Wilkinson	F40	DDT	1:32:04
570	Richard Bradley	M45	DDT	1:36:05

West Yorkshire Cross Country League – Race 3 Keighley 22nd November

Ladies

40	Jo Worboys-Hodgson	W40	23:30
45	Jan Yates	W50	23:37
56	Anne Middleton	W50	24:56
57	Sally Campbell	W35	25:08
76	Vicky McClelland	W40	28:19
77	Clara Carr	W35	28:21
79	Debbie Daniels	W40	28:23
88	Sam Wood	SW	30:04
92	Claire Wilkinson	W40	30:41
93	Sarah Everett	W40	30:45

8th Ladies Team

Men

42	Ross McClelland	M35	38:25
55	Simon Browne	M40	29:26
81	Johnny Ridge	M35	30:42
103	Kev Jackson	SM	31:54
113	Ralph Barker	M55	32:54
129	Mick Collinson	M55	35:39
145	Richard Bradley	M45	41:27
149	Pete Andrews	M65	1:00:05

9th Mens Team

XC November 22nd—Photography by Pete Middleton



A Navigation Day on Bleaklow – 30th Nov'14

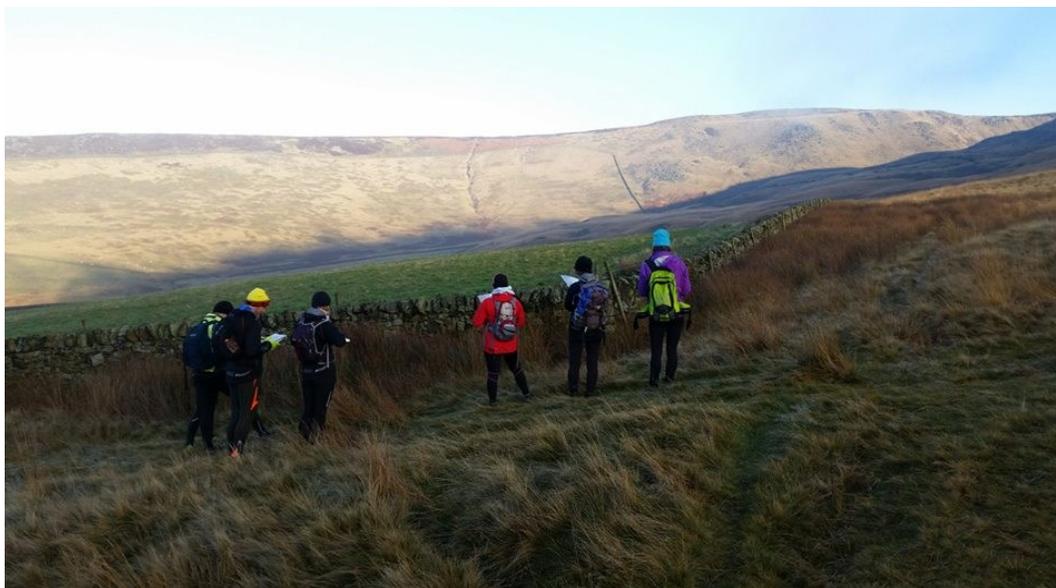
How many of us have noted the NS (navigational skills required) classification on fell and trail races that we've entered, carefully packed the map and compass on the kit list and then hoped and prayed that neither would actually be needed, that visibility would be good and that you'd be able to keep someone in sight who knows the way?

A small group of DDTs (Claire, Rosalind, Jan, Jo, Anne, Simon & Phil) decided it was time to brush up our navigational skills and Jo kindly arranged for us to have a day's tuition from Ian Winterburn. Ian is an experienced outdoor instructor, a member of Woodhead Mountain Rescue Team and also a keen fell runner with Dark Peak.

We all managed to pass the first challenge of the day, successfully navigating our way to GR SK 045 948 near Old Glossop, where we met Ian bright and early on a rather dreary November morning. Kitted with sufficient warm clothing and food for a day on the fells, we set off in the direction of Shelf Moor, maps and compasses to the ready.

In view of our varying levels of competence, Ian kindly started with the basics. First, and most important, he encouraged us to **open our eyes** and take in both the natural and manmade features around us, then match these up with the markings and symbols on our map. As we walked, we learnt about the 5 key D's to consider when getting from A to B: **destination, direction, distance, duration & description** (ie. things that we should pass on route - **ticking features** in navigational speak!). In order to get a better feel for distance and duration, we each counted the number of double paces it took us to travel 100m ie. 4mm on the map (in my case ~60 on flatish even ground) & then using the **pace** calculators that Ian had given us we calculated how long it was likely to take us to reach the next wooden gate. This was all quite fun and, on an obvious footpath and in good visibility, made perfect sense.

Leaving the security of the well-trodden path we headed for scrubby moorland pastures and learnt how to pick a linear feature (eg. stone wall) that we could use as a metaphorical **hand rail** to lead us towards our next destination (a sheep fold).



Most of us were fairly comfortable with these concepts and techniques; it was now time to use the dreaded compass!



With great patience, Ian helped the novices amongst us to line up north on our compass and map and then take a **bearing** and put the 'red (arrow) in the shed'. Then, holding our compasses tightly in outstretched hands, like a divining rod, we clambered somewhat unnaturally over tussocky grass in the direction of a section of wall where we would **aim off** and hand rail back down to a gate where a building was marked on the map. What!no building. On closer inspection we realised that this particular manmade feature had fallen down, leaving just a few mounds in the long grass. Mental note – **manmade things can be unmade!**

Noting the shape and closeness of the **contours**, we scrambled up a rocky ridge towards the world of bog and cloughs and as if by navigator instructor's magic, the clag descended. Avoiding the rocky precipice to our right, we then played leap frog; not the playground variety but a technique to use in poor visibility where one works in pairs to reduce the risk of straying off your intended bearing. This was fun, as was jumping in and out of wet and wobbly peat bog and in no time at all we arrived at Shelf Moor trig.



Time for Ian to share some top route tips with Simon and Phil for the Trigger race, whilst the girls climbed inside Ian's extremely cosy storm shelter for a 'bring and share' picnic.



Before heading off towards Wain Stones, we went to look at one of the many Peak District aircraft crash sites close by, the gloom and chill wind adding to the sombre atmosphere.

We spent the afternoon trying to put into practice, with varying degrees of success, the techniques we'd learnt earlier. We had to navigate our way to a variety of hidden features including another crash site and an old well, a relic from times when landed gentry would require a little mineral water to mix with their whisky or for a brew during a tiring day grouse shooting. We were encouraged to weigh up the pros and cons of different route choices, but Ian was close at hand when needed.

Suddenly, the clag disappeared and we got to see the vastness of the Bleaklow moorland. With improved visibility we even managed to spot several mountain hares and birds of prey. We found that walking (let alone running) across heathery moorland and scrambling in and out of deep boggy cloughs is hugely more energetic than trotting along a well-defined path. In fact to be able to run and navigate simultaneously on this terrain one must surely have to be both skilled and extremely fit.



As we jogged back down to the car there was a brief glimmer of sunbefore it set behind the hills.



It had been a brilliant day out on the moors, we had all learnt a lot and finished the day keen to get out and practice our navigational skills. Those planning to do Trigger in early January, had a better understanding of the terrain and route choices, whilst others of us were probably more respectful of the challenges that such a race entailed. Ian had been an excellent instructor and mine of information about the moors, mountain safety, flora and fauna.

If anyone else would like to increase their navigation skills you can contact Ian Winterburn:

email: ian@everythingoutdoors.co.uk

<https://www.facebook.com/OutdoorNavigation>

Scribe – Anne Middleton

Photos – Ian Winterburn (by kind permission)

**West Yorkshire Cross Country League – Race 4
Nunroyd Park 7th December**

Ladies

46	Jan Yates	W50	28:22
52	Jo Worboys-Hodgson	W40	28:58
57	Anne Middleton	W50	30:21
59	Sally Campbell	W35	30:56
68	Vicky McClelland	W40	31:57
74	Clara Carr	W35	32:51
75	Rosalind Bedford	W50	33:02
79	Claire Wilkinson	W40	33:27
86	Debbie Daniels	W40	35:05
88	Sam Wood	SW	35:19
93	Bronwyn Morris	W55	35:43
94	Abbie Dagg	W35	35:53
96	Sarah Everett	W40	36:23
100	Sam Dickinson	W35	38:47

10th Ladies Team

Men

78	Johnny Ridge	M35	41:35
106	Ralph Barker	M55	44:00
128	Mick Collinson	M55	47:26
146	Pete Frankland	M35	52:33

Overall Results from WYXC League 2014

DDT – Ladies Team – 6th in West Yorkshire!!

Travellers 6 Sunday 21st December

1	Dave Turnbull	M	Holmfirth	35:50
16	Hannah Oldroyd	F	UK Netrunner	40:28
30	Phil Ellis	M45	DDT	42:42
31	Kev Jackson	M	DDT	42:52
57	Ed Townend	M	DDT	45:44
69	Jo Worboys	F40	DDT	47:03
84	Tony Weston	M60	DDT	48:14
87	Peter McEvoy	M60	DDT	48:40
95	Sally Campbell	F40	DDT	49:20
118	Vicky McClelland	F40	DDT	52:14
120	Richard Bradley	M45	DDT	52:44
127	Norman Roper	M60	DDT	53:46
130	Clara Carr	F35	DDT	53:46
137	Claire Wilkinson	F40	DDT	54:18
149	Graham Guest	M40	DDT	56:10
159	Chris Walker	M60	DDT	58:05
167	Rachel Warsop	F40	DDT	59:00
171	Debbie Daniels	F40	DDT	59:10

The Travellers 6 was a successful event yet again thanks to Ross and his team of helpers. The email below was received from a satisfied runner

Ross,

I wanted to thank you for a most enjoyable day on Sunday, although my legs were still telling me differently yesterday!

It was my first visit to Denby Dale to compete in the Travellers 6 and it was indeed a very testing course, with the event well organised and well marshalled.

The buffet in the Pie Hall later was most welcome and this event was excellent value for money. Thank you!

I shall look forward to coming back to what is indeed a really good run and day out.

I was lucky enough to be called forward as one of the race prizewinners (1st MV55) on the day, so thank you again for the wine provided by your Sponsors.

Merry Christmas!

Regards,

Travellers 6 2014—Photography by Stephen Warner



Ready, steady



Prizes in the Pie Hall

Phil—first Traveller home



Tony W pushes for the line



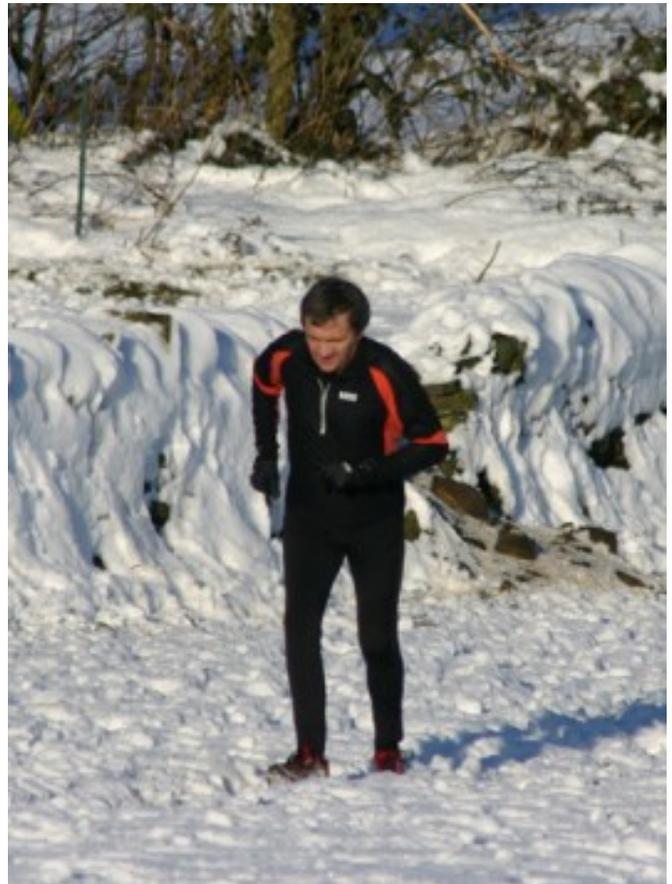
Rachel W grits her teeth



Final runners followed by our sweepers
Simon E & Sam D

Runner V Bike 2014

Dave B & Stuart W brave the weather in December



Clowne Half Marathon – 23 November

1	Chris Jordan	M	Leicester	1:12:30
3	Emily Collinge	F	Vegetarian	1:15:03
43	Jonathon Ridge	M	DDT	1:26:46
46	Bridget Coomber	F50	DDT	1:27:30
57	Adam Bloomfield	M	DDT	1:28:52

Yorkshire Cross Country Championships

Saturday 10th January 2015
Lightwater Valley

Ladies Results

91	0:30:08	WORBOYS-HODGSON, Jo- anne	Denby Dale	SW
96	0:30:35	MIDDLETON, Anne	Denby Dale	SW
126	0:33:29	CARR, Clara	Denby Dale	SW
133	0:34:14	BEDFORD, Rosalind	Denby Dale	SW
134	0:34:16	MCCLELLAND, Vicky	Denby Dale	SW
143	0:35:27	WILKINSON, Claire	Denby Dale	SW
150	0:37:04	DANIELS, Deborah	Denby Dale	SW
154	0:37:25	DAGG, Abbie	Denby Dale	SW
159	0:38:27	EVERETT, Sarah	Denby Dale	SW

Overall **DDT** Ladies position: 20/25

Men

165	Phil Ellis	48:35
171	Kev Jackson	49:09
208	Peter Frankland	55:42
227	Dave Daniels	1:01:06
228	Richard Bradley	1:01:07

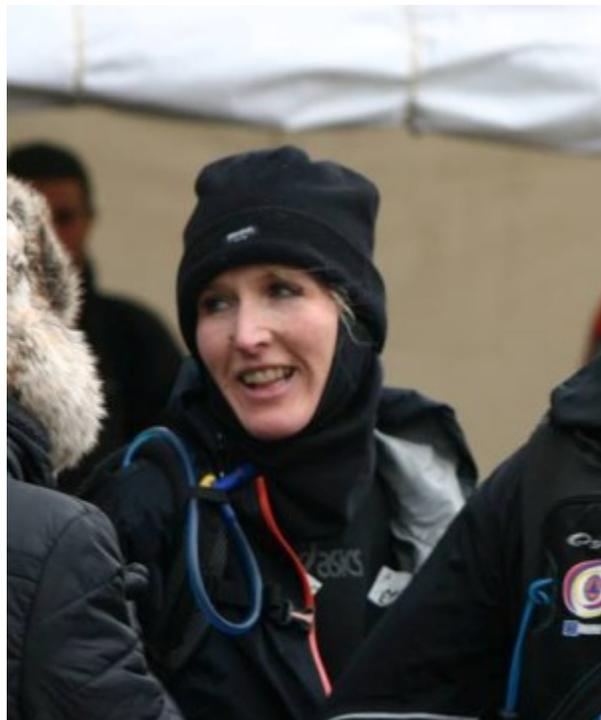


Yorkshire Cross Country Championships—Lightwater Valley



Marsden to Edale Trigger Race – 11 Jan

1	Neil Northrop	M	Dark Peak	3:36:06	
7	Jasmine Paris	F	Carnethy	3:51:30	
80	Simon Browne	M40	DDT	4:59:31	
110	Jo Worboys	F40	DDT	5:22:08	3 rd F40
190	Last			8:27:25	



Meltham 10K – 25 Jan 2015

1	David Thompson	M40	Barnsley AC	37:28
31	Amy Green	F	Keighley & Craven	41:56
41	Paul Guest	M40	DDT	42:40
43	Bridget Coomber	F50	DDT	42:44
80	Jake Wade	M	DDT	45:06
107	Joanne Worboys-Hodgson	F40	DDT	47:13
146	Peter McEvoy	M60	DDT	50:26
189	Graham Guest	M40	DDT	53:00
196	Norman Roper	M60	DDT	53:15
272	Sarah Everett	F40	DDT	1:02:41

DDT Park Run Challenge—Event 1 Results
Locke Park, Barnsley 17th January 2015

Runner	PB	Time	Position	Run Bonus	PB	Within 20 Seconds of PB	Spot Prize	Event Total	Overall Total
Phil Ellis	20.24	20.24	9	10	10	0	0	20	20
Johnny Ridge	20.43	20.43	12	10	10	0	0	20	20
Kev Jackson	22.10	22.10	21	10	10	0	0	20	20
Mick Collinson	24.11	24.11	34	10	10	0	0	20	20
Anne Middleton	24.36	24.36	35	10	10	0	0	20	20
Jon O'Hanlon	25.29	25.29	47	10	10	0	0	20	20
Wayne Lloyd	26.07	26.07	53	10	10	0	0	20	20
Rosalind Bedford	26.40	26.40	64	10	10	0	0	20	20
Nick Allan-Smith	27.53	27.53	78	10	10	0	0	20	20
Clara Ong-Carr	28.00	28.00	80	10	10	0	0	20	20
Samara Wood	29.28	29.28	92	10	10	0	0	20	20
Stuart Walton	30.22	30.22	98	10	10	0	0	20	20
David Bedford	30.55	30.55	101	10	10	0	0	20	20
Rachel Warsop	32.04	32.04	104	10	10	0	0	20	20
Christopher walker	33.00	33.00	108	10	10	0	0	20	20
Simon Ellis	33.39	33.39	113	10	10	0	0	20	20
Samantha Dickinson	34.24	34.24	117	10	10	0	0	20	20
Deborah Daniels	34.24	34.24	118	10	10	0	0	20	20
Pete Andrews	40.03	40.03	130	10	10	0	0	20	20

Northern Cross Country Championships

Saturday 24th January 2015
Pontefract Racecourse

Ladies Results

148	Joanne Worboys-Hodgson	0:38:11
205	Sally Campbell	0:41:16
240	Clara Carr	0:43:17
265	Rosalind Bedford	0:44:41
290	Deborah Daniels	0:46:23
300	Abbie Dagg	0:47:10
330	Sarah Everett	0:51:32

Overall **DDT** Ladies Position 38/52



Congratulations to all of the Ladies who have taken part in the Yorkshire Vets XC Championships, West Yorkshire XC League, Yorkshire XC Championships and the Northern XC Championships. You have shown that the **DDT** Ladies are a force to be reckoned with. Your team spirit and determination to succeed is making us the envy of other clubs in the area. Thankyou for your time and dedication to the **DDT** Ladies XC Team. You are the best. Jo x

Mickledon Straddle 2015

Unfortunately this years event was cancelled due to adverse weather conditions

Denby Dale Travellers AC

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We're on the web at:
www.denbydaletravellers.org.uk

*All contributions to the newsletter
welcome by email, post or in person
(email is preferable though so I can
'cut & paste')*



Save the Date

**DDT Xmas Dinner
& Presentations**

Saturday 9th May 2015

Next Issue Jul/Aug 2013

Please let me have
contributions by mid July

Check out the 'Denby Dale
Travellers' page on Face-
book for extra photos,
web-links & gossip!

facebook

Derbyshire Springtime Training Camp—Swim/Bike/Run

"It's taken a while but Dave and I have just put the final touches to our first training camp. The camp is to be in Hathersage Derbyshire on 23rd and 24th May. We've done all we can to keep the cost as low as possible. Derbyshire is a brilliant place for training especially in the Spring. We've chosen the location because it is hilly or flat. Not too far away. We have basic accommodation but very near to pubs and cafes in abundance. In addition we have booked a session at the fabulous Hathersage outdoor pool"

Checkout the website <http://itriwetri.com/derbyshire-peak-district-training-camp-2015/>

Either book on or contact me if you are interested or have any queries.
Tony Weston