

Mickleden Straddle Fell Race

FRA Category: BL

Distance: 14.3 mls (23.0km) / Ascent: 2431 ft (741m)

Start: Langsett Barn Car Park - [GR 211004]

CP 1: Cut Gate - [GR 184959]

CP 2: Slippery Stones - [GR 169952]

CP 3: Howden Clough - [GR 174932]

CP 4: Sheep Fold (aka "Ice Station Zebra") - [GR 181942]

CP 5: Cut Gate - [GR 184959]

CP 6: End of Bridleway/Top of Fire Break - [GR199010]

Finish: Langsett Barn Car Park - [GR 211004]

